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| Name: SMT SHEELA | Reg No: 01-3SMHC19 |
| Age / Sex: 35/F | Contact No:9900159039 |
| Marital Status:ML- 15 YRS | Date:2/2/19 |
| Occupation:CLERK – GOVT EMPLOYEE. IN PWD | Dr. PJFP |
| Address:NATIVE OF CHITRADURGA. | DIAGNOSIS- |

1. TANNED SKIN FROM AN YEAR BUT RECENTLY VISIBLE.
2. DARK CIRCLES FROM MANY YEARS BUT RECENTLY MORE.
3. RIGHT EYELID FEELS HEAVY N THICK. IN WINTER FELT DRYNESS. HAD A H/O OF CHALAZION 1 YR BACK.
4. RIGHT KNEE PATCH ITCHING.

PAST H/O:

* WHEEZING TILL PAST 3 YEARS FRM 25 YEARS OF AGE.
* SCALP HAD A PATCH 8 MONTHS BACK DERMATOLOGIST GAVE AN OINTMENT AFTER WHICH IT REDUCED.

PERSONAL H/O:

* MIXED.
* LIKES VEGETABLES MORE.
* DOESN’T SWEAT MORE.
* CANT TOLERATE TOO MUCH HOT OR COLD MUST BE MODERATE.
* HATES MEN. DAD DIED DUE TO CA WHEN SHE WAS 15 YEARS OLD AFTER THT HATES MEN. FRM 2 YEARS HER FIL IS COMING FREQUENTLY WHICH IS MAKING HER FEEL IRITATED. NOT LIKING HUSBAND ALSO TO COME CLOSE.
* KNOWING THT HER FATHER IN LAW MAY COME AND STAY WITH THEM SHE STARTED CREATING CIRCUMSTANCES TO NOT ALLOW THEM TO COME TO THEM.

RX:

1. SEPIA1M/STAPHYSAGRIA1M – 4-4-4 FR 3 DAYS ALTERNATE WEEKLY.
2. HAMEMELIS/CALENDULA/BERB AQUIFOLIUM Q – 25 DROPS TWICE DAILY IN MUG OF WATER AND WASH FACE LEAVE IT.
3. RUB30 – 1TAB NIGHT B/FOOD.

13/4/19: itching on the hands and legs reduced. At times dry if applies oil feels better. Feels face glow is there and dark circles are reducing. Feeling fresh not oily. Chalazion reduced. Got once recently but reduced by itself. Sexual desire also better than before.

Rx:

1. SEPIA1M/STAPHYSAGRIA1M – 4-4-4 FR 3 DAYS 1st and 3rd week.
2. HAMEMELIS/CALENDULA/BERB AQUIFOLIUM Q – 25 DROPS TWICE DAILY IN MUG OF WATER AND WASH FACE LEAVE IT.
3. RUB30 – 1TAB NIGHT B/FOOD.

4/5/19: leg patch is reduced and mild dryness on the rt.eyelid. no itching.feel rt.eye is more black than the left. Motion feels better.wt: 63.4kg

Rx:

1. Sepia 1m / staphysagria1m – 1st and 3rd weeks 4-0-4 for 4 days – 1 dram
2. HAMEMELIS/CALENDULA/BERB AQUIFOLIUM Q – 25 DROPS TWICE DAILY IN MUG OF WATER AND WASH FACE LEAVE IT.
3. RUB30 – 1TAB NIGHT B/FOOD.